



**Journey of Hope Team - Join now!**  
**January 18, 2009**  
**Presented by the AZ Lost Boys Center**

The Journey of Hope team is the local marathon and half marathon training program of AZ Lost Boys Center. The team is open to all experience levels of runners and walkers. MARATHON COACHING CONSULTANTS will provide the training and support needed to walk or run the Marathon or Half Marathon while you help raise critically needed funds to keep the vital services of the AZ Lost Boys Center available to the AZ Lost Boys, refugees of Sudan.

**JOURNEY OF HOPE'S COMMITMENT TO YOU:**

1. Entry into P.F. Chang's Rock 'n' Roll Arizona Marathon & 1/2 Marathon. Once minimum funding goal of \$1000 is reached, the entry fee of \$100 will be reimbursed to you.
2. A comprehensive training schedule.
3. Professional coaching, nutritional and training advice at no extra cost.
4. Fundraising materials and training sessions.
5. A pre-race pasta dinner.
6. Thank-you incentives from AZ Lost Boys Center and the Lost Boys for reaching the following fundraising goals:
  - \$250...Invitation to January 17th pasta dinner
  - \$500... Commemorative shirt
  - \$1,000...Registration reimbursed,& all of the above
  - \$1,500...Ceramic cow made by a Lost Boy & all of the above
  - \$3,000...Stay at hotel & all of the above!**Special Gift ... to the single highest fundraiser, \$4000 and higher**

**YOUR COMMITMENT TO THE JOURNEY OF HOPE TEAM:**

1. Solicit sponsors and raise donations.
2. Adhere to deadlines and team policies.
3. Run or walk the P.F. Chang's Rock 'n' Roll Arizona Marathon & 1/2 Marathon.